



Junior Sailing Association of Long Island Sound
49th Annual Regatta for The Dorade Trophy
Hosted by
Stamford Yacht Club
Monday, August 15, 2016

NOTICE OF RACE 7/21/2016

1. RULES

1.1 The race will be governed by the current Racing Rules of Sailing, the PHRF Minimum Safety Equipment Recommendations of the YRA of Long Island Sound-Category C, the current Rules for JSA Events, except as may be modified by the Sailing Instructions. Sailing instructions will be available on the JSA Website

1.2 Specific attention is directed to RRS Fundamental Rules 1.1 and 4, which state:

- 1.1 A boat or competitor shall give all possible help to any person or vessel in danger.
4. The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.

2. RACE MANAGEMENT

2.1 The Organizing Authority (OA) is Stamford Yacht Club.

2.2 The Race Committee shall use VHF Channel 05.

2.3 The US Coast Guard can be reached on VHF Channel 16 and by phone at: 631-261-6868

3. RATINGS

3.1 The current PHRF of the YRA of LIS WL ratings will be used. Weight limits will not be in effect.

4. ELIGIBILITY AND SAFETY REQUIREMENTS

4.1 Boat Eligibility (JSA rule 9.7)

4.1.1 The race is open to boats owned by:

- a a member of a YRA member club; or
- b a member of an association that is a member of JSA; or
- c a community sailing program that is a member of JSA.

4.1.2 Boats shall be not less than 27 feet HL or more than 45 feet HL. The Organizing Authority reserves the right to include vessels outside this size range.

4.1.3 Yachts shall have installed and functioning: head, navigation lights, and VHF radio.

4.1.4 Sportboats may be allowed to race in a "Sport Boat Division" if, at the discretion of the Organizing Authority, that division is included in the regatta. Sport boats shall submit their registrations by Friday, August 5, 2016 to allow the Organizing Authority time to decide if a Sport Boat division will be included in the regatta. The vessel shall be shown to comply with JSA Rule 9.7d by completing the "Sport Boat Rule" - Compliance Form.

- 4.1.5 Notwithstanding 4.1.4, the committee reserves the right to identify or not to identify any boat that it feels is or is not a sport boat, regardless of whether it meets any of the above criteria
- 4.1.6 Yachts shall have a valid, current YRALIS PHRF certificate. Yachts that do not include a valid, current certificate with their registration will not be scored.
- 4.1.7 The Organizing Authority shall have the right to reject any entry for any reason.

4.2 ADVISORS/CREW ELIGIBILITY AND RESPONSIBILITY

- 4.2.1 With the exception of sprit boats less than 35 feet HL, each Yacht shall have aboard at least two senior advisors (“Advisors”), one of whom shall be the Boat Owner (BO) or a designated Owner’s Representative (OR), who shall be at least 25 years old, and be capable of taking command of the yacht in emergency conditions; and the other(s) of whom shall be at least 18 years old and experienced in overnight distance racing. Sprit boats less than 35 feet HL may sail with one Advisor (BO or OR). This modifies JSA Rule 9.4(b)
- 4.2.2 Instructors may serve as Advisors; however, an instructor may *not* serve as an OR.
- 4.2.3 All junior sailors (“Juniors”) and their instructor advisors shall be members of JSA and members of a member program.
- 4.2.4 Each Yacht shall be crewed by at least five Juniors who are at least 14 years old and at most 18 years old by the end of the current calendar year.
- 4.2.5 Juniors shall constitute at least 60% of the total number of persons aboard.
- 4.2.6 For boats over 35 feet, it is recommended that there be at least three advisors.
- 4.2.7 Crew recommendations:
 - 4.2.7.1 Boats under 35 feet: no more than 8 junior crewmembers
 - 4.2.7.2 Boats 35 – 42 feet: no more than 10 junior crewmembers
 - 4.2.7.3 Boats over 42 feet: no more than 12 junior crewmembers

5. OWNER, OWNER’S REPRESENTATIVE AND ADVISOR RESPONSIBILITY

- 5.1 For the purposes of this section, the Boat Owner shall include the Owner’s Representative.
- 5.2 The Boat Owner is responsible for the safety of the yacht and its crew as well as the conduct of the crew before and during the race, and compliance with the Notice of Race and the Sailing Instructions.
- 5.3 The Boat Owner, or designated Owner’s Representative, has the final say in matters pertaining to the safety of the crew and the boat. (RRS Fundamental Rule 4)
- 5.4 The Advisors/Owners are not considered crewmembers and shall not assist the sailors with boat handling, trimming, racing strategies or steering, except when a safety issue is involved. Any such safety issue shall be logged and reported to the Race Committee as specified in NOR 5.5.
- 5.5 If safety is a factor, the Owner or Advisor may take the helm, issue orders, use the engine, or take any appropriate action. Any such intervention should be recorded, in detail, in the log. At the very least, such detail shall include the GPS coordinates and time for both the start and finish of the period in which the adult advisor intervenes under this section. Immediately upon finishing, the yacht shall inform the race committee that an owner/advisor intervention has occurred and that there will be a submission. That submission is due in writing the later of noon the day following the start, or 12 hours after finishing, whichever is later. A protest committee will evaluate the

situation to determine if a time adjustment or other penalty is required. Such action will not be grounds for automatic disqualification.

6 SAFETY REQUIREMENTS

- 6.1 All Yachts shall comply with the Rules for JSA Events. Particular attention is called to Rule 9, JSA Rules for PHRF events.
- 6.2 All Yachts shall comply with Minimum Equipment & Safety Recommendations of the Y.R.A. of Long Island Sound: Category C. This modifies JSA Rule 9.7.
- 6.3 The Organizing Authority may make spot inspections before or after the race to assure compliance with the rules and reserves the right to disqualify or assess a penalty based on its findings.
- 6.4 Prior to the start, all Yachts shall demonstrate their ability to shorten sail by sailing with their mainsail reefed past the committee boat.

7. SPECIAL REQUIREMENTS

At the time of entry, each yacht shall certify by filing the required document that 80% of the crew has participated in each of the following:

- Man Overboard Upwind Recovery,
- Man Overboard Downwind Recovery with Spinnaker,
- Reefing Mainsail

8. ENTRY PROCESS

- 8.1 Boats enter and pay by completing the process found at [2016 Dorade Regatta Entry](#) which may also be accessed via the JSA website, and completing the forms which are available via the event page. The forms are in fillable PDF format and are to be downloaded, completed and emailed to rredniss@optimum.net or **mailed to and/or arrive at** Stamford Yacht Club by the time and date specified in NOR 8.2. They may also be hand delivered. The forms include: Man Overboard Certificate, Crew Form, and Boat Owner's Certificate and Waiver.
- 8.2 Entries must be received by 1800, Saturday, August 13, 2016. Late entries may be accepted at the discretion of the Race Committee. ***Absolutely NO entries or associated paperwork will be accepted on the water.***
- 8.3 A valid PHRF Rating Certificate shall be on file with the YRA of LIS. Rating Certificate revisions may be accepted after submission of the Entry Form at the discretion of the OA.
- 8.4 A completed and signed 2016 JSA Waiver form for each of the Junior crew member must be on file with JSA by 1800, Saturday, August 13th.

9. FEES

- 9.1 The fee shall be \$50.00 per boat
- 9.2 The fee for late entries shall be \$75.00 per boat

10. SAILING INSTRUCTIONS

- 10.1 The sailing instructions will be available via the JSA website, or at [2016 Dorade Regatta Documents](#)

11. COMMUNICATION

- 11.1 While racing, except in the course of a roll call or emergency, a boat shall neither make nor receive wireless communications not simultaneously available to all boats and at no fee. This restriction also applies to personal mobile devices.

- 11.2 Each Yacht shall have at least one radio capable of receiving automatic weather alerts and tone alarms.
- 11.3 Each Yacht shall monitor both Channels 16 and 05A.
- 11.4 An Owner/Advisor on each Yacht shall have an on-board cell phone the number of which shall be provided on the entry form.

12. SCHEDULE

- 12.1 The first signal will sound at 1000 on Monday, August 15, 2016 at approximately 1.2 NM northeasterly of Red Bell “32A” (Mid-Sound).

13. INSPECTIONS

- 13.1 The OA shall reserve the right to inspect any and all yachts for compliance with eligibility and equipment requirements before the start of the race or after its finish. The inspection is a courtesy and it remains the responsibility of the Boat Owner or Owner’s Representative /Advisor to comply with all requirements. Failure to be in compliance subjects the yacht to protest and time penalties or disqualification in accordance with RRS.
- 13.2 A completed and signed Self Inspection Report shall be filed together with the entry forms.

14. LIABILITY RELEASE

- 14.1 As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Stamford Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Stamford Yacht Club and the JSA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant. Stamford Yacht Club bears no responsibility for accidents, damage or injuries to boats or their personnel arising from any cause during the race.

15. DISCIPLINE

- 11.5 All junior sailors and instructors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. A junior sailor or instructor may be disciplined as per 2016 RULES FOR JSA EVENTS rule #11.2 for actions that include, but are not limited to, the following:
 - a) swearing at, intimidating or harassing anyone, including teammates, on or off the water; or
 - b) stealing or borrowing without permission, anything that does not belong to them; or
 - c) possessing, consuming or being under the influence of alcohol, or controlled substances the possession of which is unlawful.
 - d) failure to wear a properly fastened PFD
 - e) failure to comply with curfew requirements or other conditions of the regatta

Regatta Chairperson & PRO: *Ray Redniss* (redniss@optonline.net)
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